

## Continuing Education Credit

**Physicians:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the Joint Providership of the University of Iowa Roy J. and Lucille A. Carver College of Medicine and Iowa City Hospice. The University of Iowa Carver College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of **3.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**This program will provide physician credit toward Iowa Board of Medicine requirements for education in End of Life care.**

**Nurses:** The University of Iowa College of Nursing is an Iowa Board of Nursing approved provider, Number 1. Full time attendance for this program will award 3.5 contact hours.

**Social Workers:** This program is intended to meet the requirements for 3.5 hours of social work continuing education.

**Other attendees:** All participants will receive a certificate of completion for this conference. It is the responsibility of each attendee to determine if the continuing education programs they attend meet the requirements of their professional licensure board.



## Providing the Best Care Possible

Monday, October 8, 2018

8:00 a.m.-12:00 p.m.

Center for the Performing Arts  
Coralville, Iowa

We are grateful for the support of the following organizations who make this event possible: Iowa City Hospice, University of Iowa Health Care, University of Iowa Carver College of Medicine, Lensing Funeral and Cremation Service, Hills Bank and Trust, Mercy Iowa City, Oaknoll, US Bank, Iowa City UNESCO City of Literature, University of Iowa College of Pharmacy, University of Iowa College of Nursing, Coralville Center for the Performing Arts, Prairie Lights, the Senior Center, the Iowa Writers' House, and Little Village.

## Description of Event:

Everyone wants the best care possible for their family, friends and themselves through the end of life. This conference will highlight best practices utilizing a systematic, interdisciplinary approach to care.

## Statement of Purpose:

Attendees will learn elements needed to be in place to deliver person and family-centered care consistent with best practice standards and personal preferences of individuals and families.

## Objectives:

- 1) Discuss the fundamental components of quality clinical care in the context of serious illness
- 2) Describe the elements and process of shared decision-making
- 3) Identify the Structure, Process, Outcome approach to quality improvement
- 4) Describe the role of individuals and their families as engaged effective partners in the shared goal of achieving optimal care
- 5) Summarize the concepts which define dying as a critical time in the lives of individuals and families and examine the opportunities within these difficult times
- 6) Identify ways to enhance person and family-centered care utilizing interdisciplinary approaches and best practices

## Agenda

7:30-8:00 **Registration**

8:00-8:15 **Welcome**

Jane Dohrmann, LISW, ACHP-SW  
Director, Honoring Your Wishes, Iowa City Hospice

Lori Erickson, MA  
Honoring Your Wishes Advisory Board Chair, Author

### Introduction:

Ann Marie Machlab, MD, HMDC  
Medical Director, Iowa City Hospice

8:15-9:15 **Keynote presentation:**

### **Title: The Best Care Possible: Clinical and Cultural Leadership for the 21<sup>st</sup> Century**

Ira Byock, MD, FAAHPM  
Professor Emeritus of Medicine and Community and Family Medicine (Active), Geisel School of Medicine, Dartmouth College  
Founder and Chief Medical Officer of the *Institute for Human Caring* of Providence Health and Services  
Director of Palliative Medicine at Dartmouth-Hitchcock Medical Center from 2003 through July 2013

9:15-9:30 Break

9:30-10:00 Questions and Answers

10:00-12:00 **Interdisciplinary Perspectives on the**

**Best Care Possible**

Description: Various disciplines will share their perspectives on best practices utilizing the TED Talk model.

**Moderator:** Anjali Deshpande, PhD, MPH

Director of Master of Public Health program  
Clinical Associate Professor in Epidemiology  
University of Iowa College of Public Health

**Patient/Family**

Karna Wieck  
Director of Administrative Planning and Operations  
University of Iowa

**Patient Education**

Elsbeth Adriana McMullan Moreno, MPH, CHES, CIC  
Patient Education Specialist, Office of the Patient Experience  
University of Iowa Health Care

**Nursing**

Nicole Peterson, DNP, ARNP  
Geriatric Nurse Practitioner and Lecturer  
University of Iowa College of Nursing

10:40-10:50 Questions and Answers

**Social Work**

Jen Adams, LMSW, OSW-C  
Oncology Social Worker  
University of Iowa Hospitals and Clinics

**Pharmacy**

Kashelle Lockman, PharmD, MA  
Clinical Assistant Professor, Hospice and Palliative Care  
University of Iowa College of Pharmacy and  
Department of Internal Medicine, Palliative Care Program  
University of Iowa Carver College of Medicine

**Spiritual Care/Chaplaincy**

David Kozishek, MA, BCC  
Hospital Chaplain  
Surgical and Neurosciences Intensive Care Unit and  
Supportive and Palliative Care Consult Service  
Department of Spiritual Services  
University of Iowa Hospitals and Clinics

11:30-11:40 Questions and Answers

11:40-12:00 **Music Therapy and Closing**

Joey Walker, MA, MT-BC  
Adjunct Professor, University of Iowa  
Music Therapist, Iowa City Hospice

## **Registration**

Health care professionals, health educators, clergy, spiritual counselors, lawyers and students are encouraged to register. Refer to the registration form for the two ways to register: online or by mail. An email confirmation will be sent upon receipt of completed registration form.

## **Cancellation Policy**

No refunds will be given for cancellations.

## **Faculty Disclosure**

As a provider accredited by ACCME, University of Iowa Hospitals and Clinics must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity have disclosed all relevant financial relationships with commercial interests as defined by the ACCME. Disclosure of financial relationships will be available in course materials so those participants in the activity may formulate their own judgments regarding the presentations.

## **Non-Discrimination and Disability Statement**

The University of Iowa and Iowa City Hospice prohibit discrimination in employment, educational programs and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as

an individual. The University also affirms its commitment to providing equal opportunities and equal access to facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, (319) 335-0705 (voice), 319-335-0697 (TDD), [diversity@uiowa.edu](mailto:diversity@uiowa.edu).

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at (319) 335-8599 or Jane Dohrmann at (319) 688-4214.

## **Planning Committee**

Rebecca Benson, MD, Medical Director, Pediatric Pain and Palliative Care Program, Stead Family Department of Pediatrics, University of Iowa Children's Hospital; Anjali Deshpande, PhD, MPH, University of Iowa College of Public Health; Jane Dohrmann, MSW, LISW, Honoring Your Wishes, Iowa City Hospice; Amalia Gedney-Lose, DNP, ARNP, FNP-C, Mercy Family Medicine of Columbus Junction; John Kenyon, Executive Director, Iowa City UNESCO City of Literature; Grace Matthews, MSN, RN-BC, Nurse Practice Leader, NICHE Coordinator, UIHC; James Ray, PharmD, CPE, Clinical Associate Professor, University of Iowa College of Pharmacy and Carver College of Medicine; Timothy Thomsen, MD, Medical Director of Palliative Care, UIHC; Tom Walljasper, Community and Staff Engagement, University of Iowa Health Care.

## **Conference Location and Parking**

The Coralville Center for the Performing Arts is located in the Plaza on 5th building at the corner of 5th Street and 12th Avenue at 1301 5th Street Coralville, IA 52241.

### **Directions**

Get [directions](#) to the Coralville Center for the Performing Arts.

### **Free Parking**

Free parking is available at street level and underground in the Town Center Parking Facility adjacent to the Coralville Center for the Performing Arts and the Coralville Public Library.

When entering the Center from the underground parking facility, look for the door marked "Plaza Entrance."

Free street parking is also available throughout the Town Center District.

### **Bike Racks**

Bike racks are available at the north side of the building; additional bike racks are located by the Coralville Public Library.

## **Syllabus Materials**

Course syllabus materials will be emailed as a link to registered participants the week of the conference. Print copies of the syllabus will not be provided. You are encouraged to download or print materials you wish to use in advance. A limited number of outlets may be available so it is recommended to have a fully charged battery for laptops and tablets.

## **Additional Information**

Honoring Your Wishes™ is an advance care planning program under the leadership of Iowa City Hospice and an Advisory Board. Its mission is to promote advance care planning and person-centered care, helping to ensure that everyone's health care choices are honored. For further information, please go to [honoringyourwishes.org](http://honoringyourwishes.org).

## REGISTRATION FORM

**Providing the Best Care Possible**  
**Coralville Center for the Performing Arts**  
**1301 5th Street, Coralville, IA 52241**

### Registration fees:

Physicians @ \$60  
All other attendees @ \$30  
Students @ \$20

### Method of Payment:

\_\_\_ Enclosed is a check made payable to The University of Iowa in the amount of \$ \_\_\_\_\_

### Two ways to register:

Mail (for checks only):  
University of Iowa Carver College of Medicine  
Continuing Medical Education Division  
100 Medicine Administration Bldg.  
Iowa City, IA 52242-1101

Online:  
[medicine.uiowa.edu/cme](http://medicine.uiowa.edu/cme)  
Click on *Upcoming Programs*

**REGISTRATION DEADLINE: October 5, 2018**

Name of Registrant – first name, middle name or initial, and last name		Degree – select all that apply <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> PA <input type="checkbox"/> NP <input type="checkbox"/> RN <input type="checkbox"/> SW <input type="checkbox"/> Chaplain/Spiritual Counselor <input type="checkbox"/> Student <input type="checkbox"/> Other (specify):
Place of Employment		
Preferred Mailing Address – select one <input type="checkbox"/> Work/Business <input type="checkbox"/> Home		
City	State	Zip or Postal Code
Phone		
E-mail Address		
<b>SPECIAL NEEDS</b>	If you have special assistance needs, describe here:	